

**Anjali Yoga Advanced Teacher Training Program**  
**300 Hour Application**

General Instructions:

1. Please complete this application form in detail.
2. Return this form with a non-refundable application fee of \$100. (Make check payable to 'Anjali Yoga' or pay online at our website).
3. Contact us for an interview in person or over the phone.
4. Send to:

Anjali Yoga, LLC  
PO Box 465  
Indiana, PA 15701

Questions? Call 814-948-4796 or email [anjaliyoga@verizon.net](mailto:anjaliyoga@verizon.net)

1. Name:
2. Mailing Address:
3. Contact phone:
4. Email:
5. Birthdate:
6. Occupation:

Please answer the following questions thoroughly on the back of this form or on a separate sheet of paper:

5. Have you completed a 200 hour YTT program?
6. Are you currently registered with Yoga Alliance as a 200 hour RYT? if 'no' you understand the this course will not substitute for a 200 hour level certification. In order to be considered a 500 hour level Yoga teacher, you must be a registered with Yoga Alliance at the time you start the program).
7. What is your Yoga teaching experience?
8. What is motivation you to take this program now and what specifically do you hope to gain from this program?
9. Is there anything about your physical, mental, or emotional health that we should know about?
10. Which tuition category do you fall under? (Anjali graduate, Standard Registration, or Payment plan)
11. List the Yoga trainings and workshops you have completed.
12. In case of an emergency, whom should we contact? and what is their phone number?